

# Herts Young Players BOOT CAMP 2017



Let's Kick Butt !

Get the season started

Sunday 7<sup>th</sup> May

10am until approx. 4pm

at GARSTON B.C.

Breakfast and lunch available



Once again Garston BC has offered to host YOUR season opener

There will be different sessions to cover all abilities which will include:

- Preparation
- Psychology
- In Focus
- Match Dynamics
- Reading the Head
- and much more

No matter how good you think you are, come along give us your input and we will give you ours. We all can learn something.

Go online to let us know you are coming  
<http://doodle.com/poll/nrewn3kknw6hcpae>